

# **City of Coventry Swimming Club**

(Affiliated to Swim England West Midland Region)

# City of Coventry 50m Sprints 2023

#### License 3 To be held Under Swim England Laws and Technical Rules

# On Saturday 16<sup>th</sup> September 2023

To be held in the 50m Pool at the Alan Higgs Centre features backstroke ledges, Anti wave ropes and electronic timing. There is a secondary strobe light available if required. The changing facility at the Centre is a Mixed Changing Village and may be accessed by the public at any time during the day.

The competition is open to swimmers in the following age groups (Age on 16th September 2023):

## 9yrs,10yrs,11yrs,12yr,13yrs,14yrs and 15yrs/Over

## ENTRY PROCEDURE

Entry fee is **£7.50** per event and the closing date for entries is the **31**<sup>st of</sup> **August 2023**. (Acceptances will be made on a "first come first served basis"). Entry may close early if demand dictates. Refunds of entry fees will only be given on production of a doctor's note if a swimmer is ill or injured, or if a swimmer has been chosen to represent their nation, region, or county for a training camp.

## Poolside Passes cost £15.00 and this provides a lunchtime meal and admission to the Poolside.

Entry is only permitted to Swim England Club Compete members. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

## Entries will not be accepted without a time (times achieved in training will be acceptable).

A SPORTSYSTEMS file for entries can be obtained via a link on website <u>Sprints Open Meet 2023</u> and once entries have been accepted invoices will be issued with payment details.

Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry



Individual entries may be made via a form which can also be found on our website, an administration fee of  $\pounds 8$  will apply.

A form will be made available on our website for withdrawals

The Organizers reserve the right to limit the number heats should circumstances dictate. All heats will be swum in time seeded order, regardless of age.

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website <u>approximately 14 days</u> before the meet is due to take place.

#### **TIMINGS**

The meet will be split into three sessions, the first Session will start at 10.00am (9.15 am Warm Up). The start of Session Two and Three will be determined on the number of entries received.

#### SCHEDULE OF EVENTS

Session 1		Session 2							
Event No.		<u>Event</u>	Event	<u>No.</u>	<u>Event</u>				
101	Girls	9 – 12 years 50m Breaststroke	201	Girls	9 – 12 years 50m Freestyle				
102	Boys	9 – 12 years 50m Breaststroke	202	Boys	9 – 12 years 50m Freestyle				
103	Girls	13year/Over 50m Butterfly	203	Girls	13year/Over 50m Breastroke				
104	Boys	13year/Over 50m Butterfly	204	Boys	13year/Over 50m Breastroke				
105	Girls	9 – 12 years Backstroke	205	Girls	9 – 12 years 50m Butterfly				
106	Boys	9 – 12 years Backstroke	206	Boys	9 – 12 years 50m Butterfly				
107	Girls	13year/Over 50m Freestyle	207	Girls	13year/Over 50m Backstroke				
108	Boys	13year/Over 50m Freestyle	208	Boys	13year/Over 50m Backstroke				

# Fifteen Minute Break Session 3 200m IM Finals in Each Age Group



#### **QUALIFYING TIMES**

#### Submitted times MUST be personal best times (achieved in a 25m pool or converted accordingly) <u>Higher Level Qualifying Times (Entry Times Should be No Faster Than)</u>

Boys	Girls													
9	10	11	12	13	14	15/Ov	EVENT	9	10	11	12	13	14	15/OV
35.7	33.1	31.5	29.7	28.3	27.1	26.2	50m Free	36.1	33.5	32.0	30.5	29.6	29.1	28.4
47.00	43.5	40.9	38.4	35.9	34.4	33.2	50m Breast	47.8	43.7	41.0	38.8	37.4	36.5	35.5
40.5	37.1	34.8	33.0	31.2	29.8	28.6	50m Fly	41.0	37.1	35.2	33.4	32.4	31.6	30.6
41.4	38.2	36.2	34.4	32.3	31.1	29.9	50m Back	41.6	38.2	36.3	34.6	33.3	32.8	31.8

Times must be shown for the events to be entered ones achieved in training will be accepted.

#### AWARDS

1. Top Visiting Club

Team award will be made to the visiting club team acquiring the highest points total throughout the meet (excluding IM Finals). Points scoring system will be based on descending scale 8 to 1 for individual placing in each age group.

- 2. Individual Awards will be made on an HDW basis First three places in each age group in each event
- 3. First three places in each IM Final

Visiting Clubs: Any additional information on meet please contact:

visitingclubs@coventry-swimming.org.uk

Without sufficient licensed officials we will not be able to run this meet and will not be able to support requests for mentoring to which we are committed. We therefore request that any club submitting entries, if possible, provide us with e-mail addresses of any qualified officials who may be willing to help. Any offers of assistance with officiating please contact officials@coventry-swimming.org.uk