



## Coventry and District Association of Swimming Clubs

Affiliated to ASA WM Region Held under ASA Laws and Technical Rules

Licensed at Level 3

To be held at the Alan Higgs Leisure Centre, Allard Way, Coventry CV3 1HW

### Conditions for Secondary Galas

#### **AGE AS AT 17<sup>th</sup> May 2020 Licence Level 3**

1. This meet is being held on Saturday the 16<sup>th</sup> and Sunday 17<sup>th</sup> May 2020 and is restricted to swimmers who are members of clubs affiliated to the Association whose times fall within the accepted limits (see Qualifying times).

A Sportsystems entry file will be e-mailed to each club; **all entries** shall only be made electronically by a club entry. Entry Fees will be £5.50 per event entered and entries should be submitted by the closing date 24<sup>th</sup> April 2020.

#### **There will be no refunds on entry fees.**

Clubs are responsible for the accuracy of their entries and where possible entry times from ranking should be used, entries without times will not be accepted (training times are allowed provided these are approved by club coaches). Random checks against ranking will be made and any swimmer found to be falsifying times to gain entry to the meet will be rejected and may be disqualified from any other events.

Competitors will only be allowed to enter **a maximum of 8 events of their choice** and it is the responsibility of each club to ensure that their swimmers are made aware of this restriction and to check entries before they are submitted.

**By applying for entry into this event you agree that Coventry and District ASC may publish your Personal Information in the programme of events, start sheets and event results. The results will be retained in perpetuity as part of the historic records of the Association. Event results will be sent to Swim England for publication within the National "Rankings" data base. Personal information will include forename, surname, club affiliation, time entered, time achieved and age category.**

2. **Age Groups for entries (age on 17<sup>th</sup> May 2020):**

Girls/Boys	9yrs	50m & 200m each stroke 100m IM
Girls/Boys	10/11/12/13/14/15ov	50m, 100m, and 200m each stroke 200m IM
Girls/Boys	11/12/13/14/15ov	400Free

3. **Medals will be awarded as Follows:**

100m IM	9 years (First 8 Places in each Age Group)
50m Events	9/10/11/12/13/14/15ov (First 8 Places in each Age Group)
100m Events	10/11/12/13/14/15ov (First 8 Places in each Age Group)
200m Events	9/10/11/12/13/14/15ov (First 8 Places in each Age Group)
200m IM	10/11/12/13/14/15ov (First 8 Places in each Age Group)
400m Free Event	11/12/13/14/15ov (First 8 Places in each Age Group)

Medals will only be given to the swimmers themselves or an appointed member of a club and this should be done during the Session in which they have been won, this is to avoid queues forming at the end of the meet.

4. To prevent empty lanes it is essential that any swimmer who has entered but is unable to compete on the day withdraws. These withdrawals can be made either by e-mailing:

[withdraw@canddswimming.org.uk](mailto:withdraw@canddswimming.org.uk)

Or on the day of meet, this must be done at least one hour before the start of the Gala.

Please be aware that we have chosen not to enforce fines for non-withdrawals, however abuse of this rule will result in fines being applied for future events.

The promoters reserve the right to change starts time or to limit the amount of entries into an individual event should the need arise.

5. Clubs must abide by the promoter's conditions.
6. Overhead starts will be used and side by side may be used for backstroke where referee deems appropriate.
7. Poolside Passes will cost £20 each for two days and this will include a lunchtime meal, programme of events and starts Lists for each session. Details of coaches/team managers must be provided with the appropriate DBS Nos (please complete and return attached form).
8. Results will be available on the Coventry and District website [www.canddswimming.org.uk](http://www.canddswimming.org.uk)
9. Each club is responsible for providing the following officials and at least 1 poolside helper for **each session**.
- 1 Judge (minimum ASA qualification J1)
  - 2 Timekeepers (minimum qualification ASA timekeeper in training for J1)

ASA number must be provided

**This information should be submitted to Sally Stow**

**[sallystow@btinternet.com](mailto:sallystow@btinternet.com)**

**At least two weeks prior to the event.**

10. Clubs must ensure that if their swimmers are using the starting block that they have reached the competitive start award standard.
11. Each club is responsible for the organisation and safety of their swimmers during the warm up
12. No-one but Officials and Current Competitors will be allowed behind the blocks during the Gala.
13. **It is requested that swimmers do not take large bags onto poolside but these should be left in the lockers provided in the changing rooms.**
14. **Coaches and Team Managers will not be allowed to obstruct the area used for the marshalling of swimmers.**
15. **For safety reasons swimmers must not leave the pool deck area without suitable footwear.**
16. **Camping chairs (any type including the fold up ones will not be allowed). Clubs will be requested to remove them if necessary.**

**COVENTRY & DISTRICT ASSOCIATION OF SWIMMING CLUBS**  
**Secondary Galas 2020**  
**Schedule of Events**

GALA 1 16 <sup>th</sup> May 2020 @ 9.00am		GALA 2 16 <sup>th</sup> May 2020 TBA	
101	Boys 11yrs/over 400m Freestyle	201	Boys 9yrs/over 200m Backstroke
102	Girls 11yrs/over 400m Freestyle	202	Girls 9yrs/over 200m Backstroke
103	Boys 9yrs/over 50m Butterfly	203	Boys 9yrs/over 50m Breaststroke
104	Girls 9yrs/over 50m Butterfly	204	Girls 9yrs/Over 50m Breaststroke
105	Boys 10yrs/over 100m Backstroke	205	Boys 10yrs/over 100m Freestyle
106	Girls 10yrs/over 100m Backstroke	206	Girls 10yrs/over 100m Freestyle
107	Boys 9yrs/over 200m Breaststroke	207	Boys 9yrs/over 200m Butterfly
108	Girls 9yrs/over 200m Breaststroke	208	Girls 9yrs/over 200m Butterfly
109	Boys 9yrs 100m IM		
GALA 3 17 <sup>th</sup> May 2020 @ 8.45am		GALA 4 17 <sup>th</sup> May 2020 TBA	
301	Girls 9yrs/over 200m Freestyle	401	Girls 10yrs/over 200m IM
302	Boys 9yrs/over 200m Freestyle	402	Boys 10yrs/ over 200m IM
303	Girls 9yrs/over 50m Backstroke	403	Girls 9yrs/over 50m Freestyle
304	Boys 9yrs/over 50m Backstroke	404	Boys 9yrs/over 50m Freestyle
305	Girls 10yrs/over 100m Butterfly	405	Girls 10yrs/over 100m Breaststroke
306	Boys 10yrs/over 100m Butterfly	406	Boys 10yrs/over 100m Breaststroke
307	Girls 9yrs 100m IM		

**First Warm up for each day will be 8.00am and Second Warm up for each day will be 45 minutes before the start of the Session.**

## **QUALIFYING TIMES**

Qualifying times are Short Course and should be No Faster than times Shown in the Table Below

Boys								Girls						
Event	9	10	11	12	13	14	15/OV	9	10	11	12	13	14	15/Ov
<b>50m Free</b>	39.5	35.9	33.9	31.7	29.9	28.5	27.6	39.8	36.2	33.8	32.3	31.1	30.4	30
<b>100m Free</b>	N/A	1:17.6	1:11.50	1:08.4	1:04.1	1:01.2	59.4	N/A	1:18.6	1:12.9	1:09.0	1:06.5	1:05.1	1:04.3
<b>200m Free</b>	3:09.8	2:51.0	2:39.6	2:28.7	2:19.8	2:13.0	2:09.1	3:08.90	2:49.7	2:37.8	2:29.3	2:22.8	2:20.3	2:18.4
<b>400m Free</b>	N/A	N/A	5:32.5	5:11.5	4:53.9	4:41.2	4:33.3	N/A	N/A	5:29.0	5:10.4	4:58.0	4:52.2	4:48.5
<b>50m Breast</b>	50.42	46.9	43.9	40.8	37.8	36	34.8	50.42	46.9	43.6	41	39.1	38.2	37.6
<b>100m Breast</b>	N/A	1:42.00	1:33.00	1:27.2	1:21.2	1:17.4	1:14.6	N/A	1:43.2	1:33.2	1:27.6	1:23.5	1:21.1	1:20.2
<b>200m Breast</b>	4:05.5	3:39.9	3:24.0	3:08.7	2:56.1	2:46.9	2:41.9	4:03.5	3:37.9	3:19.8	3:08.2	2:59.2	2:54.7	2:53.3
<b>50m Fly</b>	43.43	40.4	37.9	35.5	33.1	31.3	30	42.89	39.9	37.4	35.5	34	33.1	32.6
<b>100m Fly</b>	N/A	1:31.5	1:21.9	1:17.2	1:11.7	1:07.9	1:05.0	N/A	1:31.5	1:21.9	1:17.2	1:13.7	1:11.6	1:11.0
<b>200m Fly</b>	3:49.00	3:25.1	3:04.4	2:50.4	2:39.1	2:30.2	2:23.8	3:45.9	3:21.8	3:02.2	2:49.8	2:41.6	2:36.4	2:34.0
<b>50m Back</b>	44.61	41.5	39.1	36.5	34.3	32.7	31.3	44.18	41.1	38.6	36.6	35.3	34.5	34
<b>100m Back</b>	N/A	1:31.1	1:22.50	1:17.1	1:12.2	1:08.3	1:06.0	N/A	1:30.5	1:22.3	1:16.9	1:14.0	1:12.5	1:11.2
<b>200m Back</b>	3:36.5	3:12.9	2:57.2	2:44.7	2:35.2	2:27.4	2:21.9	3:32.2	3:09.3	2:54.7	2:44.6	2:38.5	2:34.5	2:32.2
<b>200m Ind Med</b>	N/A	3:17.4	2:58.50	2:48.8	2:38.6	2:30.5	2:25.3	N/A	3:17.00	2:58.1	2:48.6	2:42.0	2:38.2	2:36.3
<b>100m Ind Med</b>	1:35.0	N/A	N/A	N/A	N/A	N/A	N/A	1:35.0	N/A	N/A	N/A	N/A	N/A	N/A

**On the day of meet should a swimmer exceed their entry time by a substantial amount then ranking will be checked and if it is found that the swimmer has a faster entry time than was submitted the individual will be disqualified from that event.**



## Coventry and District ASC Secondary Galas

APPLICATION FOR POOLSIDE PASS

Club:		
Number Required:		@ £20
Position in Club	Names of Applicant	DBS No.
Coach:		
Team Manager:		
Chaperone:		

I confirm that the above listed applicants for Poolside Passes have been DBS checked, possess a Coaching Qualification, Team Manager Module One or Chaperone qualification and have completed the Swim England/UK Safeguarding & Protecting Children course

Signed .....Club Secretary

Dated.....