



City of Coventry Swimming Club
(Affiliated to Swim England West Midlands Region)
John Hughes Regional Qualifier 2020
License 3

To be held Under Swim England Laws and Technical Rules

Saturday 28th and Sunday 29th March 2020

This competition will be held in the new 25m facility at the Alan Higgs Centre, Allard Way, Coventry, CV3 1HW. The event is open to swimmers in the following age groups (**Age at 31st December 2020**):

Girls/Boys: 10/11yrs 12yrs 13yrs 14yrs 15yrs 16/Over

50m, 100m, 200m each stroke 400m Free, 200m IM, 400m IM

Events will be decided on a Declared Winner basis and awards will be made to:

- 1 Three fastest swimmers in each event in each age group.**
- 2 Cash award for Top Visiting Club**

By applying for entry into this event you agree that **City of Coventry Swimming Club may publish your Personal Information in the programme of events, start sheets and event results.** Event results will be sent to Swim England for publication within the National Rankings database. Personal information will include forename, surname, club affiliation, time entered, time achieved, date of birth, age category and any disability information. We may also store your contact details (email address and telephone numbers) for contact about the event, should queries arise or for general communication related to the event.

Entry fee is **£7.00** per event and the closing date for entries is the 7th March 2020. (Acceptances will be made on a "first come first served basis"). Entry may close early if demand dictates. Please note that there will be no refunds for the cancellation of entries, all purchases are final

Poolside Passes cost £15.00 one day £25.00 for two days and these provide a lunch time meal, admission to the Poolside, a programme and Heat Starts List.

Remittances must be made for website entries online by pay pal or credit/debit card. For Sportsys club entries and Poolside Passes payments should be by Bacs (Sort Code 20-23-55 Account 50287997 Ref Winter Meet).

All queries to E-mail: georgina.holtom@coventry-swimming.org.uk

Payment MUST be received by the closing date for the entry to be valid.



Programme of Events

Saturday 28th March 2020

Start Time 9.00 am

Session One

Event 101	Boys 400m Free
Event 102	Girls 100m Backstroke
Event 103	Boys 100m Backstroke
Event 104	Girls 200m Breaststroke
Event 105	Boys 50m Butterfly
Event 106	Girls 50m Butterfly

Session Two

Event 201	Boys 400m IM
Event 202	Girls 100m Breaststroke
Event 203	Boys 100m Breaststroke
Event 204	Girls 200m Butterfly
Event 205	Boys 200m Freestyle
Event 206	Girls 50m Backstroke
Event 207	Boys 50m Backstroke

Session Three

Event 301	Girls 100m Freestyle
Event 302	Boys 100m Freestyle
Event 303	Girls 200m IM
Event 304	Boys 200m IM

Warm up 8.00 am

Boys 400m Free
Girls 100m Backstroke
Boys 100m Backstroke
Girls 200m Breaststroke
Boys 50m Butterfly
Girls 50m Butterfly

Start Time & Warm TBA

Boys 400m IM
Girls 100m Breaststroke
Boys 100m Breaststroke
Girls 200m Butterfly
Boys 200m Freestyle
Girls 50m Backstroke
Boys 50m Backstroke

Start Time & Warm TBA

Girls 100m Freestyle
Boys 100m Freestyle
Girls 200m IM
Boys 200m IM

Sunday 29th March 2020

Start Time 9.00 am

Session Four

Event 401
Event 402
Event 403
Event 404
Event 405
Event 406

Session Five

Event 501
Event 502
Event 503
Event 504
Event 505
Event 506
Event 507

Warm up 8.00 am

Girls 400m Freestyle
Boys 100m Butterfly
Girls 100m Butterfly
Boys 200m Breaststroke
Girls 50m Freestyle
Boys 50m Freestyle

Start Time & Warm TBA

Girls 400m IM
Boys 200m Backstroke
Girls 200m Backstroke
Boys 200m Butterfly
Girls 200m Freestyle
Boys 50 Breaststroke
Girls 50 Breaststroke

Submitted times **must** be shown for the events to be entered. **Submitted times MUST be personal best times (achieved in a 25m pool or converted accordingly)** no entry time should be **faster** than those shown below:

Entries can be made by using either the entry facility on our club website or for club entries the Sportsys entry file, which is also available for download on the website. An ASA identification number must be included for every swimmer.

It would be appreciated if any withdrawals prior to the day of meet could be reported to the organizers by e-mail to withdraw@coventry-swimming.org.uk

The Organizers reserve the right to limit the number heats should circumstances dictate. The heats for each event will cover all age groups and competitors will swim in time seeded order, regardless of age.

A swim down facility (8 lanes) and a Swim Shop (Swimpath) will be available throughout each day.



Qualifying Times

All entry times submitted should have been achieved in 25m Pool
Higher Level Qualifying Times (Entry Times Should be No Faster Than)

Boys						EVENT	Girls					
10/11	12	13	14	15	16/Over		10/11	12	13	14	15	16/Over
29.00	26.50	26.50	25.00	25.00	23.30	50m Free	30.00	27.20	27.20	27.20	27.20	26.40
1.02.00	57.30	57.30	54.30	54.30	50.80	100m Free	1.03.5	58.70	58.70	58.70	58.70	56.90
2.10.00	2.02.20	2.02.20	1.58.20	1.58.20	1.52.00	200m Free	2.15.0	2.07.00	2.07.00	2.07.00	2.07.00	2.02.60
4.35.00	4.22.30	4.22.30	4.12.30	4.12.30	3.59.80	400m Free	4.45.0	4.28.90	4.28.90	4.28.90	4.28.90	4.20.00
35.60	32.90	32.90	31.60	31.60	29.50	50m Breast	36.10	34.80	34.80	34.80	34.80	33.50
1.16.00	1.10.90	1.10.90	1.08.90	1.08.90	1.04.00	100m Breast	1.17.5	1.14.70	1.14.70	1.14.70	1.14.70	1.12.10
2.55.00	2.34.50	2.34.50	2.29.50	2.29.50	2.20.50	200m Breast	2.57.0	2.42.10	2.42.10	2.42.10	2.42.10	2.35.00
31.10	28.20	28.20	27.30	27.30	25.40	50m Fly	32.00	29.60	29.60	29.60	29.60	28.30
1.09.00	1.02.00	1.02.00	1.00.00	1.00.00	55.90	100m Fly	1.10.8	1.05.00	1.05.00	1.05.00	1.05.00	1.02.30
2.30.00	2.16.60	2.16.60	2.13.60	2.13.60	2.05.60	200m Fly	2.34.5	2.24.20	2.24.20	2.24.20	2.24.20	2.18.50
32.50	29.40	29.40	28.50	28.50	26.50	50m Back	33.10	30.40	30.40	30.40	30.40	29.40
1.10.00	1.02.50	1.02.50	1.00.50	1.00.50	56.70	100m Back	1.12.2	1.04.80	1.04.80	1.04.80	1.04.80	1.02.80
2.30.00	2.14.60	2.14.60	2.11.60	2.11.60	2.04.00	200m Back	2.37.5	2.20.00	2.20.00	2.20.00	2.20.00	2.14.70
2.32.00	2.19.00	2.19.00	2.14.00	2.14.00	2.06.20	200m IM	2.37.5	2.24.20	2.24.20	2.24.20	2.24.20	2.18.40
5.25.00	4.57.80	4.57.80	4.45.80	4.45.80	4.31.50	400m IM	5.30.0	5.05.80	5.05.80	5.05.80	5.05.80	4.53.80

Accepted entries, pre-meet information including gala timings and list of any rejections will appear on the club website [approximately 14 days](#) before meet is due to take place.

Without sufficient licensed officials we will not be able to run this meet and will not be able to support requests for mentoring to which we are committed. We therefore request that any club submitting entries, if possible, provide us with e-mail addresses of any qualified officials, who may be willing to help.



APPLICATION FOR POOLSIDE PASS

Club:		
Number Required:		1 day @ £15.00 (inclusive of a lunchtime meal)
		2 day @ £25.00 (inclusive of a lunchtime meal)
<u>Position in Club</u>	<u>Names of Applicant</u>	
Coach:		
Team Manager:		
Chaperone:		

I confirm that the above listed applicants for Poolside Passes have been DBS checked, possess a Coaching Qualification, Team Manager Module One or Chaperone qualification and have completed the Swim England/scUK Safeguarding & Protecting Children course

Signed:..... Club Secretary

Dated:.....