



City of Coventry Swimming Club
 (affiliated to ASA West Midland Region)
Graham Sykes Memorial Meet 2019
License 3 – 3WM191194
To be held Under ASA Laws and ASA
Technical Rules
On Saturday 6th and Sunday 7th July 2019

The competition will be held in the 50m Pool at Coventry Sports and Leisure Centre, Fairfax Street, Coventry CV1 5RY and is open to swimmers in the following age groups (**Age at 7th July 2019**):

Girls: 9yrs	50m & 200m each stroke, 400 Free, 200m IM
Girls: 10yrs 11yrs 12yrs 13yrs 14yrs 15yrs/over	50m, 100m and 200m each stroke 400m Free, 200m IM, 400m IM
Boys: 9yrs	50m & 200m each stroke, 400 Free 200m IM
Boys: 10yrs 11yrs 12yrs 13yrs 14yrs 15yrs/over	50m, 100m and 200m each stroke 400m Free, 200m IM, 400m IM

Programme of Events

<u>Saturday 6th July 2019</u>		<u>Sunday 7th July 2019</u>	
<u>Start Time 9.00 am</u>		<u>Start Time 9.00 am</u>	
<u>Session One</u>	Warm up 8.00 am	<u>Session Three</u>	Warm up 8.00 am
Event 101	Boys 400m Individual Medley	Event 301	Boys 400m Freestyle
Event 102	Girls 400m Individual Medley	Event 302	Girls 400m Freestyle
Event 103	Boys 100m Freestyle	Event 303	Boys 100m Breaststroke
Event 104	Girls 100m Freestyle	Event 304	Girls 100m Breaststroke
Event 105	Boys 200m Backstroke	Event 305	Boys 200m Butterfly
Event 106	Girls 200m Backstroke	Event 306	Girls 200m Butterfly
Event 107	Boys 50m Butterfly	Event 307	Boys 50m Freestyle
Event 108	Girls 50m Butterfly	Event 308	Girls 50m Freestyle
<u>Session Two</u>		<u>Session Four</u>	
Event 201	Boys 200m Freestyle	Event 401	Boys 200m Individual Medley
Event 202	Girls 200m Freestyle	Event 402	Girls 200m Individual Medley
Event 203	Boys 100m Butterfly	Event 403	Boys 100m Backstroke
Event 204	Girls 100m Butterfly	Event 404	Girls 100m Backstroke
Event 205	Boys 200m Breaststroke	Event 405	Boys 50 Breaststroke
Event 206	Girls 200m Breaststroke	Event 406	Girls 50 Breaststroke
Event 207	Boys 50m Backstroke		
Event 208	Girls 50m Backstroke		

Entries can be made by using either the entry facility on our club website or for club entries the Sportsys entry file, which is also available for download on the website www.coventry-swimming.org.uk

An ASA identification number must be included for every swimmer.

By applying for entry into this event you agree that Co Coventry SC may publish your Personal Information in the programme of events, start sheets and event results. Event results will be sent to Swim England for publication within the National "Rankings" data base. Personal information will include forename, surname, club affiliation, time entered, time achieved and age category.

Entry fee is £7.00 per event and the closing date for entries is the 14th June 2019. (Acceptances will be made on a "first come first served basis"). Entry may close early if demand dictates.

Poolside Passes cost £7 for one day, £12 for two days. This provides admission to the Poolside, a programme and Heat Starts List.

Remittances must be made for website entries online by pay pal or credit/debit card. For Sportsys club entries and Poolside Passes payment should be either by Bacs (Sort Code 20-23-55 Account 50287997 Ref GSMeet) or by cheque made payable to the City of Coventry Swimming Club and sent to:

Mrs Georgina Holtom
27 Deronda Close
Bedworth
Warks CV12 8QY
E-mail: georgina.holtom@coventry-swimming.org.uk

Payment MUST be received by the closing date for the entry to be valid.

It would be appreciated if any withdrawals prior to the day of meet could be reported to the organizers by e-mail to withdraw@coventry-swimming.org.uk

The Organizers reserve the right to limit the number heats should circumstances dictate. The heats for each event will cover all age groups and competitors will swim in time seeded order, regardless of age.

Events will be decided on a Declared Winner basis and awards will be made to:

- 1 Three fastest swimmers in each event in each age group.
- 2 **Cash** award for Top Visiting Club

Submitted times **must** be shown for the events to be entered. **Submitted times MUST be personal best times (achieved in a 25m pool or converted accordingly)** no entry time should be **faster** than those shown below:

Qualifying Times

*All entry times submitted should have been achieved in 25m Pool
Higher Level Qualifying Times (Entry Times Should be No Faster Than)*

Boys

Girls

9	10	11	12	13	14	15/Ov	EVENT	9	10	11	12	13	14	15/OV
33.1	31.1	29.6	27.9	26.6	25.6	24.8	50m Free	33.5	31.4	30.0	28.6	27.9	27.5	27.1
n/a	1.07.8	1.03.9	59.8	56.8	54.8	53.6	100m Free	n/a	1.09.0	1.04.30	1.01.00	59.6	58.6	58.0
2.35.9	2.26.1	2.18.0	2.09.8	2.03.4	1.59.0	1.56.4	200m Free	2.36.7	2.26.5	2.18.4	2.11.0	2.07.6	2.05.9	2.04.4
5.28.10	5.07.20	4.47.70	4.31.70	4.19.50	4.11.60	4.06.80	400m Free	5.32.50	5.11.30	4.47.20	4.32.40	4.26.00	4.22.70	4.19.40
43.5	41.0	38.5	36.1	33.8	32.5	31.4	50m Brst	43.7	41.0	38.5	36.4	35.20	34.5	34.0
n/a	1.29.3	1.22.7	1.17.2	1.12.3	1.09.5	1.07.3	100m Brst	n/a	1.29.6	1.22.5	1.18.0	1.15.1	1.13.0	1.12.4
3.22.5	3.10.6	2.57.4	2.46.6	2.36.7	2.30.2	2.26.1	200m Brst	3.22.6	3.10.2	2.56.9	2.47.2	2.41.1	2.37.7	2.36.3
37.10	34.9	32.8	31.1	29.3	28.10	27.1	50m Fly	37.1	34.8	33.1	31.4	30.5	29.9	29.4
n/a	1.19.6	1.12.5	1.07.6	1.03.6	1.00.8	58.8	100m Fly	n/a	1.19.3	1.12.6	1.08.2	1.06.2	1.04.6	1.04.1
3.04.6	2.54.0	2.38.3	2.28.8	2.20.5	2.14.6	2.09.1	200m Fly	3.07.10	2.56.0	2.39.8	2.29.4	2.24.4	2.20.9	2.18.8
38.2	36.0	34.1	32.3	30.4	29.4	28.4	50m Back	38.2	35.9	34.0	32.5	31.6	31.0	30.7
n/a	1.18.3	1.12.3	1.08.0	1.04.1	1.01.4	59.5	100m Back	n/a	1.18.1	1.12.3	1.08.2	1.06.2	1.05.1	1.04.1
2.54.4	2.44.0	2.33.8	2.25.0	2.17.2	2.11.7	2.08.1	200m Back	2.56.0	2.45.10	2.32.5	2.25.0	2.21.5	2.19.2	2.16.9
2.59.00	2.48.1	2.36.8	2.27.9	2.20.7	2.14.6	2.11.2	200m IM	2.58.8	2.47.4	2.36.3	2.28.2	2.24.7	2.22.1	2.20.5
NA	6.01.40	5.32.40	5.11.60	4.56.90	4.44.80	4.37.10	400m IM	NA	6.00.00	5.29.90	5.11.90	5.02.80	4.58.10	4.54.80

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website [approximately 14 days](http://www.coventry-swimming.org.uk) before meet is due to take place.
www.coventry-swimming.org.uk

For any additional information on meet please contact:
georgina.holtom@coventry-swimming.org.uk

Without sufficient licensed ASA officials we will not be able to run this meet and will not be able to support requests for mentoring to which we are committed. We therefore request that any club submitting entries, if possible, provide us with e-mail addresses of any qualified officials, who may be willing to help. The contact for officials is:
avril.ementon@coventry-swimming.org.uk



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License 3
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Rules
On Saturday 6th and Sunday 7th July 2019

APPLICATION FOR POOLSIDE PASS

Club:		
Number Required:		1 day @ £7.00
		2 day @ £12.00
<u>Position in Club</u>	<u>Names of Applicant</u>	
Coach:		
Team Manager:		
Chaperone:		

I confirm that the above listed applicants for Poolside Passes have been CRB checked and are currently registered with the ASA.

Signed:..... Club Secretary

Dated:.....