

City of Coventry Swimming Club

Club Championships

Enter online at <http://www.coventry-swimming.org.uk/>

OPEN TO ALL CLUB MEMBERS
Last Chance to enter 30th November 2018
Competing Age as at 9th December 2018

Conditions:

- ❑ The 50m Butterfly, 100m events, 200m Freestyle & 200m IM events for 8 years and under are restricted to those swimmers in the Training Scheme (Rory Grealy's Reception 2 group and upwards). Learn to Swim (shallow ends of the pool) may only enter the 50m Freestyle, Backstroke and Breaststroke events.
- ❑ 9 years old and over can enter the 50m & 100m events plus the 200 Freestyle & 200m IM.
- ❑ There are Qualifying times for the 200m Events (to ensure the duration of the sessions doesn't over-run). Please ensure your entry time is within these times.
- ❑ Withdrawals should be made by 3pm on Saturday 8th December to simon.sinclair@coventry-swimming.org.uk. After that time starts lists will be drawn and subsequent withdrawals will mean empty lanes. If you do not intend to swim please inform us in time so prevent empty lanes.

If you are having trouble with entry times please speak to your group coach or teacher if in Club Night. Please try and include the times achieved from competitions as this will help with the seeding of the heats. Incomplete entries will not be accepted.

Date: Sunday 9th December 2018

Time: Warm up 1pm-1.30pm

Session 1: Start 1.45pm

Break in between sessions TBC

Session 2: Approx. start 4pm

Venue: Coventry Sports Centre

Who can enter? Any club member from any squad or group
To be eligible for awards, swimmers must have either
a) joined City of Coventry Swimming Club before 1st September 2018; **OR**
b) joined City of Coventry Swimming Club on 1st September 2018 or later as their first club i.e. swimmers transferring from another club after 1st September 2018 are not eligible for awards.

Cost: £2.00 for the competition (not per race entered)

Age: Competing Age as on 9th December 2018

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Prizes: All 1st/2nd/3rd places in all events in the following ages:
 8/under, 9, 10, 11-12, 13-14 & 15-24 (male)
 8/under, 9, 10, 11-12, 13-14 & 15-24 (female)
 Senior (15/over) and Junior (14/under) Cups
 for winners of each event.
 Masters Age-Group 25/over

Closing Date: **30th November** (no late entries will be accepted)

Session 1			Session 2		
101) Female	200m Free	8/under	201) Male	200m Free	8/under
102) Female	200m Free	9/over	202) Male	200m Free	9/over
103) Male	200m IM	9/over	203) Female	200m IM	9/over
104) Female	100m Free	8-14&15/o	204) Male	50m Back	8/under
105) Male	100m Free	8-14&15/o	205) Male	50m Back	9/over
106) Female	50m Breast	8/under	206) Female	50m Back	8/under
107) Female	50m Breast	9/over	207) Female	50m Back	9/over
108) Male	50m Breast	8/under	208) Male	100m Breast	8-14&15/o
109) Male	50m Breast	9/over	209) Female	100m Breast	8-14&15/o
110) Female	100m Back	8-14&15/o	210) Male	50m Free	8/under
111) Male	100m Back	8-14&15/o	211) Male	50m Free	9/over
112) Female	50m Fly	8/under			
113) Female	50m Fly	9/over	212) Female	50m Free	8/under
114) Male	50m Fly	8/under	213) Female	50m Free	9/over
115) Male	50m Fly	9/over			
			214) Male	100m Fly	8-14&15/o
			215) Female	100m Fly	8-14&15/o
			216) Mixed	Mystery Race	Open

Due to the time restriction of the sessions the following Qualifying Times will apply.
 Swimmers must be no slower than the times below

	Male		Female	
	200m Freestyle	200m IM	200m Freestyle	200m IM
10 under years	4:30.00	5:00.00	4:30.00	5:00.00
11-12 Years	3:35.00	4:10.00	3:35.00	4:10.00
13-14 Years	2:50.00	3:10.00	2:55.00	3:20.00
15 – 24 Years	2:40.00	2:50.00	2:45.00	3:00.00
Masters	2:50.00	3:10.00	3:00.00	3:20.00