



City of Coventry Swimming Club
(affiliated to ASA West Midland Region)

OPEN 50 METRES SPRINTS

License 3

**To be held Under ASA Laws and ASA
Technical Rules**

On Saturday 22nd September 2018

The competition will be held in the 50m Pool at Coventry Sports and Leisure Centre, Fairfax Street, Coventry CV1 5RY. and is open to swimmers in the following Individual Age Groups (Age at 22nd September 2018):

(Boys and Girls)

9yrs/10yrs/11yrs/12yrs/13yrs/14yrs/15yrs and Over

Eight swimmers, in each age group, with the fastest aggregate times over the four strokes will qualify for the 200m Individual Medley Final (should anyone qualifying for IM final withdraw no substitutions will be made).

TIMINGS

The Meet will be split into three sessions, the first Session will start at 10.00am (9.15am Warm Up). The start of Session Two and Three will be determined on the amount of entries received.

SCHEDULE OF EVENTS

<u>Event No.</u>		<u>Event</u>	<u>Event No.</u>		<u>Event</u>
101	Girls	9 – 12 years 50m Breaststroke	201	Girls	9 – 12 years 50m Freestyle
102	Boys	9 – 12 years 50m Breaststroke	202	Boys	9 – 12 years 50m Freestyle
103	Girls	13year/Over 50m Butterfly	203	Girls	13year/Over 50m Breaststroke
104	Boys	13year/Over 50m Butterfly	204	Boys	13year/Over 50m Breaststroke
105	Girls	9 – 12 years Backstroke	205	Girls	9 – 12 years 50m Butterfly
106	Boys	9 – 12 years Backstroke	206	Boys	9 – 12 years 50m Butterfly
107	Girls	13year/Over 50m Freestyle	207	Girls	13year/Over 50m Backstroke
108	Boys	13year/Over 50m Freestyle	208	Boys	13year/Over 50m Backstroke

Fifteen Minute Break

301	Girls	9 years 200 IM Final
302	Boys	9 years 200 IM Final
303	Girls	10 years 200 IM Final
304	Boys	10 years 200 IM Final
305	Girls	11 years 200 IM Final
306	Boys	11 years 200 IM Final
307	Girls	12 years 200 IM Final
308	Boys	12 years 200 IM Final
309	Girls	13 years 200 IM Final
310	Boys	13 years 200 IM Final
311	Girls	14years 200 IM Final
312	Boys	14years 200 IM Final
313	Girls	15yrs/over 200 IM Final
314	Boys	15yrs/over 200 IM Final

QUALIFYING TIMES

Submitted times **MUST** be personal best times (achieved in a 25m pool or converted accordingly)

Higher Level Qualifying Times (Entry Times Should be No Faster Than)

Boys							Girls							
9	10	11	12	13	14	15/Ov	EVENT	9	10	11	12	13	14	15/OV
35.7	33.1	31.5	29.7	28.3	27.1	26.2	50m Free	36.1	33.5	32.0	30.5	29.6	29.1	28.4
47.00	43.5	40.9	38.4	35.9	34.4	33.2	50m Breast	47.8	43.7	41.0	38.8	37.4	36.5	35.5
40.5	37.1	34.8	33.0	31.2	29.8	28.6	50m Fly	41.0	37.1	35.2	33.4	32.4	31.6	30.6
41.4	38.2	36.2	34.4	32.3	31.1	29.9	50m Back	41.6	38.2	36.3	34.6	33.3	32.8	31.8

Submitted times must be shown for the events to be entered.

AWARDS

1. Top Visiting Club
Team award will be made to the visiting club team acquiring the highest points total throughout the meet (excluding IM Finals). Points scoring system will be based on descending scale 8 to 1 for individual placing in each age group.
2. Individual Awards will be made on an HDW basis
First three places in each age group in each event
3. First three places in each IM Final

ENTRY PROCEDURE

Entries can be made by using either the entry facility on our club website or for club entries the Sportsys entry file, which is also available for download on the website:

www.coventry-swimming.org.uk

An ASA identification number must be included for every swimmer.

Entry fee is £5.50 per event and the closing date for entries is the 31st August 2018. (Acceptances will be made on a "first come first served basis"). Entry may close early if demand dictates.

Remittances must be made for website entries online by pay pal or credit/debit card. For Sportsys club entries and Poolside Passes payment should be either by Bacs (Sort Code 20-23-55 Account 50287997 Ref Sprints) or by cheque made payable to the City of Coventry Swimming Club and sent to:

Mrs Georgina Holtom
27 Deronda Close
Bedworth
Warks CV12 8QY

(No refunds for cancellation of entries will be made after the official closing date).

Payment **MUST** be received by the closing date for the entry to be valid.

WITHDRAWALS:

It would be appreciated if any withdrawals prior to the day of meet could be reported to the organizers by e-mail to withdraw@coventry-swimming.org.uk

The Organizers reserve the right to limit the number heats should circumstances dictate. The heats for each event will cover all age groups and competitors will swim in time seeded order, regardless of age.

WARM UP FACILITIES

A controlled warm up system will be operated.

POOLSIDE PASSES

Passes will be available at a cost of £6.00. This will provide for admission to the poolside and a programme for the day. Applications for passes should be made at the time entries are submitted and the passes will be available to collect on the day of meet.

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website [approximately 14 days](http://www.coventry-swimming.org.uk) before meet is due to take place.

www.coventry-swimming.org.uk

For any additional information on meet please contact:

georgina.holtom@coventry-swimming.org.uk

Without sufficient licensed ASA officials we will not be able to run this meet and will not be able to support requests for mentoring to which we are committed. We therefore request that any club submitting entries, if possible, provide us with e-mail addresses of any qualified officials, who may be willing to help. The contact for officials is:

avril.ementon@coventry-swimming.org.uk



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APPLICATION FOR POOLSIDE PASS

Club:		
No Required:		1 day £6.00 each
<u>Position in Club</u>	<u>Names of Applicant</u>	
Coach:		
Team Manager:		
Chaperone:		

I confirm that the above listed applicants for Poolside Passes have been CRB checked and are currently registered with the ASA.

Signed:..... Club Secretary

Dated:.....