

Christmas Training Timetable 2017

Date		Mornings	SENIOR	SENIOR	SENIOR	JUNIOR	JUNIOR	HIGH	HIGH	HIGH	BLUE	RED	RECEP.	RECEP.	J.CLUB	J.CLUB	MASTERS
			ELITE	PERF.	SQUAD	ELITE	PERF.	ACH. 1	ACH. 2	ACH. 3	ACH.	ACH.	ACH. 1	ACH. 2	OLDER	YOUNGER	
18th	Mon	XXX	XXX	As Normal		XXX	Training As Normal										
19th	Tue	Training As Normal															
20th	Wed	Training As Normal															
21st	Thu	Training As Normal															
22nd	Fri	Training As Normal															
23rd	Sat	As Normal	As Normal	6.00-8.00am	XXX	As Normal	8.00-10.00am	As Normal	As Normal	As Normal	XXX	XXX	XXX	XXX	XXX	XXX	XXX
27th	Wed	See Details	5-7am & 3-4.45pm	7-8.30am & 3-4.45pm	7.00-8.30am	5-7am & 3-4.45pm	7.00-8.30am	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	AM Only
28th	Thu	See Details	5-7am & 3-4.45pm	3-4.45pm	3-4.45pm	5-7am & 3-4.45pm	7.00-8.30am				XXX	XXX	XXX	XXX	XXX	XXX	AM Only
29th	Fri	See Details	3-4.45pm	5-7am & 3-4.45pm	5-7am	3-4.45pm	7.00-8.30am				XXX	XXX	XXX	XXX	XXX	XXX	AM Only
30th	Sat	As Normal	6-8am	XXX	XXX	6-8am	8-10am				XXX	XXX	XXX	XXX	XXX	XXX	XXX
2nd	Tue	Training As Normal															
3rd	Wed	Training As Normal															

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