



## INFORMATION SHEET – CHILDREN LESSONS

**Learn to Swim programme:** A 10 week learn to swim program run for children aged 4 years upwards.

**Swimming facility:** Foxford School, Grange Road, Coventry, CV6 6BB.

**Emphasis:** Teaching children from beginners to competitive swimmers the skills and fun involved in swimming. The swim school follows the Swim England (National Sporting Governing Body) Learn to Swim Framework for swimming at all levels.

**Minimum Age:** For swimmers who have had their 4<sup>th</sup> birthday upwards.

**Lessons:** 30 minutes and we try and keep the numbers to a maximum of 8.

**Recording Cards:** Each swimmer will receive a recording card with details of what they need to do to complete the level. Each week the Swim Teachers will mark off what they have passed so you can see how your child is developing.

**Teaching staff:** All Teaching Staff are Swim England Qualified Level 1 & 2 Teachers, have RLSS lifeguarding qualifications and have all been DBS checked and verified.

**Days & Times:** We offer all stages from stage 1 through stage 7 at Foxford:

4.30pm, 5.00pm, 5.30pm, 6.00pm	Stage 1+2 together, stage 3 & stage 4
6.30-7.00pm	Stage 5, stage 6, stage 7+

\*Please note we have no spaces for the stage 1 & 2 classes and the stage 3 class at 6.00pm. We are holding a waiting list for the stage 1 & 2 classes.

Then at Coventry Sports Centre:

7.20-8.00pm	Stage 5 & 6, stage 7+
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The dates the lessons will be running are:

4<sup>th</sup>/11<sup>th</sup>/18<sup>th</sup>/25<sup>th</sup> May

8<sup>th</sup>/15<sup>th</sup>/22<sup>nd</sup>/29<sup>th</sup> June (none on Friday of half term)

6<sup>th</sup>/13<sup>th</sup> July

If an assessment is required then this will be done at 5.00-5.30pm by arrangement.

**Cost:** £36.00 per 10 week course (all inclusive) or pro rata for amount lessons left in course. Any lesson cancelled by Coventry Swim School will be credited, any lesson missed by a swimmer but lesson still runs there will be no credit/refund awarded.

If you would like an assessment or for further information please contact Su Boulton on 07754 125304 or email [su.boulton@coventry-swimming.org.uk](mailto:su.boulton@coventry-swimming.org.uk)

For general information on the swim school please contact Jo Deakins (Swim School Manager) on [joanne.deakins@coventry-swimming.org.uk](mailto:joanne.deakins@coventry-swimming.org.uk) 07815 835526