## City of Coventry Swim Skills Camps 2018 Easter Booking Form

## 4 Day Stroke Camp - £140

The focus of the camps will be to fine tune technical skills in each of the 4 strokes. The swimmers will focus on a different stroke each day within two pool sessions, covering all elements of the stroke including starts, turns, transitions and finishes. Under the guidance of one of City of Coventry Swimming Clubs Senior Coaches, swimmers will also be introduced to Land Training and be given tips on various areas of swimming.

**Dates:** Camp A = Tuesday  $3^{rd}$ - Friday  $6^{th}$  April

**Camp B = Monday 9th- Thursday 12th April** 

Day 1 = Butterfly
Day 2 = Backstroke
Day 4 = Front crawl

Venue: 25m pool at University of Warwick (map located on club website),

Post code CV4 7AL

Times: 8.30am to 3.30pm every day.

Age: 8-12 year olds (we can take younger as long as they are in a

competitive club squad). Only swimmers who are ASA Category 2

registered can attend.

We can have a maximum of 24 swimmers for each training day so book early to avoid disappointment. Places will be allocated on a first come first served basis once full payment & booking forms are received.

There are discounted rates available for COCSC club members and swimmers who have been on a camp before.

Price for new swimmers to the camps

Price for Swimmers who have been in previous years

Price for City of Coventry Swimming Club Members (2018)

Price for 1 day/2 day/3 day camps

£140.00
£125.00\*
£115.00\*
£40.00/day\*

NB – Discount is only available when booking for the full 4 days. Due to the life span of a written cheque these will be banked as soon as received, any refunds will be sorted at a later date.

Please visit our website: <a href="www.coventry-swimming.org.uk">www.coventry-swimming.org.uk</a>
or email Jo Deakins on: joanne.deakins@coventry-swimming.org.uk





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Swimmers Name:					DOB:		
Address:							
Postcode:			Emergency Telephone:				
Email:					ASA Registration No:		
Any Medical Conditions							
Signed			Prir	nt			
(Parent/Guardian) I AG Preferred r			S & CONDITIONS nfirmation (please de	elete)	Post / Email		
			Date	Cost			
4 Day Stroke Camp	Day 1		Butterfly	£40.00			
	Day 2		Backstroke	£40.00			
	Day 3		Breaststroke	£40.00			
	Day 4		Front crawl	£40.00			
	Full		All Days	£ 140.00	£125.00	£115.00	
	Week A 3-6 <sup>th</sup> April		Week B 9-12th April				
Please make cheques pa <b>Coventry Swimming Cl</b>		<u>of</u>	Total:				
Payment can also be ma reference 'East swim can				oventry, sort code 20	0-23-55, Account 50287	997. Please use	

Payment must be made to secure booking. Please see terms & conditions for details (available on our website <a href="www.coventry-swimming.org.uk">www.coventry-swimming.org.uk</a>).

Please return completed form or email details to Jo Deakins at:

City of Coventry Swimming Club, Coventry Sports & Leisure Centre, Fairfax Street, Coventry, CV1 5RY or via email to joanne.deakins@coventry-swimming.org.uk



