



City of Coventry Swimming Club
(affiliated to ASA West Midland Region)

November Open Meet 2016

License 3

To be held Under ASA Laws and ASA Technical Rules

On Saturday 26th and Sunday 27th November 2016

The competition is open to swimmers in the following age groups (**Age at 27th November 2016**):

Girls: 9yrs	50m & 200m each stroke, 400 Free, 200m IM
Girls: 10yrs 11yrs 12yrs 13yrs 14yrs 15yrs/over	50m, 100m and 200m each stroke 400m Free, 200m IM, 400m IM
Boys: 9yrs	50m & 200m each stroke, 400 Free 200m IM
Boys: 10yrs 11yrs 12yrs 13yrs 14yrs 15yrs/over	50m, 100m and 200m each stroke 400m Free, 200m IM, 400m IM

Programme of Events

Saturday 26th November 2016

Start Time 9.00 am

Session One

Warm up 8.00 am

Event 101	Boys 400m Individual Medley
Event 102	Girls 400m Individual Medley
Event 103	Boys 100m Freestyle
Event 104	Girls 100m Freestyle
Event 105	Boys 200m Backstroke
Event 106	Girls 200m Backstroke
Event 107	Boys 50m Butterfly
Event 108	Girls 50m Butterfly

Session Two

Event 201	Boys 200m Freestyle
Event 202	Girls 200m Freestyle
Event 203	Boys 100m Butterfly
Event 204	Girls 100m Butterfly
Event 205	Boys 200m Breaststroke
Event 206	Girls 200m Breaststroke
Event 207	Boys 50m Backstroke
Event 208	Girls 50m Backstroke

Sunday 27th November 2016

Start Time 9.00 am

Session Three

Warm up 8.00 am

Event 301	Boys 400m Freestyle
Event 302	Girls 400m Freestyle
Event 303	Boys 100m Breaststroke
Event 304	Girls 100m Breaststroke
Event 305	Boys 200m Butterfly
Event 306	Girls 200m Butterfly
Event 307	Boys 50m Freestyle
Event 308	Girls 50m Freestyle

Session Four

Event 401	Boys 200m Individual Medley
Event 402	Girls 200m Individual Medley
Event 403	Boys 100m Backstroke
Event 404	Girls 100m Backstroke
Event 405	Boys 50 Breaststroke
Event 406	Girls 50 Breaststroke

Entries can be made by using either the entry facility on our club website or for club entries the Sportsys entry file, which is also available for download on the website. An ASA identification number must be included for every swimmer.

Entry fee is £6.00 per event and the closing date for entries is the 5th November 2016. (Acceptances will be made on a "first come first served basis"). Entry may close early if demand dictates.

Poolside Passes cost £6 for one day, £10 for two days. This provides admission to the Poolside, a programme and Heat Starts List.

Remittances must be made for website entries online by pay pal or credit/debit card. For Sportsys club entries and Poolside Passes payment should be by cheque made payable to the City of Coventry Swimming Club and sent to:

Mrs Georgina Holtom
27 Deronda Close
Bedworth
Warks CV12 8QY
E-mail: georgina.holtom@coventry-swimming.org.uk

Payment MUST be received by the closing date for the entry to be valid.

It would be appreciated if any withdrawals prior to the day of meet could be reported to the organizers by e-mail to withdraw@coventry-swimming.org.uk

(No refunds for cancellation of entries will be made after the official closing date).

The Organizers reserve the right to limit the number heats should circumstances dictate. The heats for each event will cover all age groups and competitors will swim in time seeded order, regardless of age.

Events will be decided on a Declared Winner basis and awards will be made to:

- 1 Three fastest swimmers in each event in each age group.
- 2 Top swimmer in each age group based on Fina Points.
- 3 **Cash** award for Top Visiting Club

Submitted times **must** be shown for the events to be entered. **Submitted times MUST be personal best times (achieved in a 25m pool or converted accordingly)** no entry time should be **faster** than those shown below:

Qualifying Times

*All entry times submitted should have been achieved in 25m Pool
Higher Level Qualifying Times (Entry Times Should be No Faster Than)*

Boys

Girls

9	10	11	12	13	14	15/Ov	EVENT	9	10	11	12	13	14	15/OV
33.1	31.1	29.6	27.9	26.6	25.6	24.8	50m Free	33.5	31.4	30.0	28.6	27.9	27.5	27.1
n/a	1.07.8	1.03.9	59.8	56.8	54.8	53.6	100m Free	n/a	1.09.0	1.04.30	1.01.00	59.6	58.6	58.0
2.35.9	2.26.1	2.18.0	2.09.8	2.03.4	1.59.0	1.56.4	200m Free	2.36.7	2.26.5	2.18.4	2.11.0	2.07.6	2.05.9	2.04.4
5.28.10	5.07.2	4.47.7	4.31.7	4.19.5	4.11.6	4.05.8	400m Free	5.32.5	5.11.30	4.47.2	4.32.4	4.26.0	4.22.7	4.19.4
43.5	41.0	38.5	36.1	33.8	32.5	31.4	50m Brst	43.7	41.0	38.5	36.4	35.20	34.5	34.0
n/a	1.29.3	1.22.7	1.17.2	1.12.3	1.09.5	1.07.3	100m Brst	n/a	1.29.6	1.22.5	1.18.0	1.15.1	1.13.0	1.12.4
3.22.5	3.10.6	2.57.4	2.46.6	2.36.7	2.30.2	2.26.1	200m Brst	3.22.6	3.10.2	2.56.9	2.47.2	2.41.1	2.37.7	2.36.3
37.10	34.9	32.8	31.1	29.3	28.10	27.1	50m Fly	37.1	34.8	33.1	31.4	30.5	29.9	29.4
n/a	1.19.6	1.12.5	1.07.6	1.03.6	1.00.8	58.8	100m Fly	n/a	1.19.3	1.12.6	1.08.2	1.06.2	1.04.6	1.04.1
3.04.6	2.54.0	2.38.3	2.28.8	2.20.5	2.14.6	2.09.1	200m Fly	3.07.10	2.56.0	2.39.8	2.29.4	2.24.4	2.20.9	2.18.8
38.2	36.0	34.1	32.3	30.4	29.4	28.4	50m Back	38.2	35.9	34.0	32.5	31.6	31.0	30.7
n/a	1.18.3	1.12.3	1.08.0	1.04.1	1.01.4	59.5	100m Back	n/a	1.18.1	1.12.3	1.08.2	1.06.2	1.05.1	1.04.1
2.54.4	2.44.0	2.33.8	2.25.0	2.17.2	2.11.7	2.08.1	200m Back	2.56.0	2.45.10	2.32.5	2.25.0	2.21.5	2.19.2	2.16.9
2.59.00	2.48.1	2.36.8	2.27.9	2.20.7	2.14.6	2.11.2	200m I.M	2.58.8	2.47.4	2.36.3	2.28.2	2.24.7	2.22.1	2.20.5
n/a	6.01.4	5.32.4	5.11.60	4.56.9	4.44.8	4.37.1	400m I.M.	n/a	6.00.0	5.29.9	5.11.9	5.02.8	4.58.10	5.54.8

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website [approximately 14 days](http://www.coventry-swimming.org.uk) before meet is due to take place.
www.coventry-swimming.org.uk

For any additional information please contact:

georgina.holtom@coventry-swimming.org.uk

Any Officials wishing to help please contact:

avril.edmenton@coventry-swimming.org.uk



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APPLICATION FOR POOLSIDE PASS

Club:	
Number Required:	1 day @ £6.00 2 day @ £10.00
<u>Position in Club</u>	<u>Names of Applicant</u>
Coach:	
Team Manager:	
Chaperone:	

I confirm that the above listed applicants for Poolside Passes have been CRB checked and are currently registered with the ASA.

Signed:..... Club Secretary

Dated:.....