

## Learn to Swim at City of Coventry Swimming Club

*Learn to Swim programme:* A year round learn to swim program run for children aged 4 years upwards.

## Swimming facility: Coventry Sports Centre

*Emphasis:* Teaching children from beginners to competitive swimmers the skills and fun involved in swimming. The club follows the ASA (National Sporting Governing Body) Learn to Swim Framework for swimming at all levels.

## City of Coventry Swimming Club: Friday Nights at Coventry Sports Centre

We run 40minute lessons from stages 1 through to Stage 7 at 6.00pm, 6.40pm & 7.20pm. We also have direct links into the Competitive side of the club at the higher stages.

We believe in small lesson sizes so the max number of swimmers in any group will be 8 with the first 4 stages having a minimum of two teachers allocated to each lesson, creating a great learning environment.

The ability of the swimmer will determine the time of the session. An assessment is undertaken in the first week at 6.15pm. If you would like your child to be considered for an assessment for Club Night then please contact Jo Deakins on joanne.deakins@coventry-swimming.org.uk or 07815 835526.

Also on Friday evenings 7.20-8.00pm we run a mini polo session run by our experienced & qualified water polo coaches. These classes are for swimmers who are 8 yrs and over and have reached at least stage 5. Please contact Sarah Mullen on <u>waterpolo@coventry-swimming.org.uk</u> for further details.

The price for both the swimming lessons and Mini Polo is  $\pm 2.70$  per session that they attend (a club night ticket). This is payable direct to Coventry Sports Trust at the Reception as you enter Coventry Sports Centre. A ticket is then given to you and this is exchanged for a card at the Club night desk on poolside before being presented to the Swim Teacher before your child enters the pool.

The swimmers are required to join the Club (for insurance purposes) at a maximum annual fee of  $\pounds49.00$  (from 1<sup>st</sup> January 2014) and this reduces each quarter of the year.

*Teaching staff:* All Teaching Staff are ASA Qualified Level 1 & 2 Teachers, have RLSS lifeguarding qualifications and have all been DBS checked and verified.

If you would like any general information regarding the club or the Learn to Swim programme then please feel free to contact Jo Deakins (Club Programme Manager) at <u>joanne.deakins@coventry-swimming.org.uk</u> or visit our website <u>www.coventry-swimming.org.uk</u>

Updated 17/01/14