

# City of Coventry Swim Skills Camps 2016

## Summer Booking Form

### 4 Day Stroke Camp - £125

The focus of the camps will be to fine tune technical skills in each of the 4 strokes. The swimmers will focus on a different stroke each day within two pool sessions, covering all elements of the stroke including starts, turns, transitions and finishes. Under the guidance of one of City of Coventry Swimming Clubs Senior Coaches, swimmers will also be introduced to Land Training and be given tips on various areas of swimming.

**Dates:**  
**Camp A = Monday 1<sup>st</sup> – 4<sup>th</sup> August**  
**Camp B = Monday 8<sup>th</sup> – 11<sup>th</sup> August**  
**Camp C = Monday 15<sup>th</sup> – 18<sup>th</sup> August**  
**Camp D = Monday 22<sup>nd</sup>-25<sup>th</sup> August**

**Day 1 = Butterfly    Day 2 = Backstroke    Day 3 = Breaststroke    Day 4 = Front crawl**

**Venue:** 25m pool at University of Warwick (map located on club website),  
Post code CV4 7AL

**Times:** 8.30am to 3.30pm every day.

**Age:** 8-12 year olds (we can take younger as long as they are in a competitive club squad). Only swimmers who are ASA Category 2 registered can attend.

We can have a maximum of 24 swimmers for each training day so book early to avoid disappointment. Places will be allocated on a first come first served basis once full payment & booking forms are received.

The cost of the full priced camp has been held from 2015 but there are discounted rates available for COCSC club members and swimmers who have been on a camp before.

|   |             |
|---|-------------|
| Price for new swimmers to the camps                     | £125.00*    |
| Price for Swimmers who have been in previous years      | £110.00*    |
| Price for City of Coventry Swimming Club Members (2016) | £100.00*    |
| Price for 1 day/2 day/3 day camps                       | £35.00/day* |

***NB – Discount is only available when booking for the full 4 days. Due to the life span of a written cheque these will be banked as soon as received, any refunds will be sorted at a later date.***

**New checking in process to be added to the start/end of each day from survey feedback received in 2015. Details of process to follow on Camp confirmation letter**

Please visit our website: [www.coventry-swimming.org.uk](http://www.coventry-swimming.org.uk)  
or email Rikki Morris on: [rikki.morris@coventry-swimming.org.uk](mailto:rikki.morris@coventry-swimming.org.uk)



Affiliated Club  
West Midland  
Region



Swim21  
Accredited

# City of Coventry Swim Skills Camps 2016 Summer Booking Form

Swimmers Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Emergency Telephone: \_\_\_\_\_

Email: \_\_\_\_\_ ASA Registration No: \_\_\_\_\_

Any Medical Conditions \_\_\_\_\_

Signed \_\_\_\_\_ Print \_\_\_\_\_

(Parent/Guardian) I AGREE TO THE TERMS & CONDITIONS

Preferred method of receiving confirmation (please delete)

Post / Email

|  |                          | Date  | Cost                     |   |                          |
|--|--------------------------|---|--------------------------|---|--------------------------|
| 4 Day Stroke Camp                                    | Day 1                    | <input type="checkbox"/> Butterfly                    | £35.00                   |   |                          |
|  | Day 2                    | <input type="checkbox"/> Backstroke                   | £35.00                   |   |                          |
|  | Day 3                    | <input type="checkbox"/> Breaststroke                 | £35.00                   |   |                          |
|  | Day 4                    | <input type="checkbox"/> Front crawl                  | £35.00                   |   |                          |
|  | Full                     | <input type="checkbox"/> All Days                     | £ 125.00                 | £110.00   | £100.00                  |
| Week A<br>1 <sup>st</sup> -4 <sup>th</sup><br>August | <input type="checkbox"/> | Week B<br>8 <sup>th</sup> -11 <sup>th</sup><br>August | <input type="checkbox"/> | Week C<br>15 <sup>th</sup> -18 <sup>th</sup><br>Aug | <input type="checkbox"/> |
|  |                          |   |                          | Week D<br>22-25 <sup>th</sup><br>August             | <input type="checkbox"/> |

Please make cheques payable to **City of Coventry Swimming Club**.

Total:

Payment can also be made direct to the Club Bank Account Barclays Coventry, sort code 20-23-55, Account 50287997. Please use reference 'swim camp Week A, B or C and surname'.

Payment must be made to secure booking. Please see terms & conditions for details (available on our website [www.coventry-swimming.org.uk](http://www.coventry-swimming.org.uk)).

Please return completed form to Rikki Morris at:

**City of Coventry Swimming Club, Coventry Sports & Leisure Centre, Fairfax Street, Coventry, CV1 5RY or via email to [Rikki.morris@coventry-swimming.org.uk](mailto:Rikki.morris@coventry-swimming.org.uk)**



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